

















(you decide what to do)

(fill in the blank)

And do it.

(fill in the blank)







I'll give you one hour of my time in exchange for...

I'll exchange (blank) for one hour of your time.

My favorite way to spend fifteen minutes of quality time with you is....

(write in or say it out loud)

(fill in the blank)

Be sure to get your one hour (plus).

(write in or say it out loud)







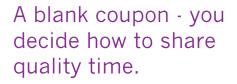
Ask a question you've been wanting to ask.

(Be sure and listen to the response)

Tell someone they are special because...

Make up your own coupon...







Give someone a hug./ Ask for a hug.

## **INSTRUCTIONS**

Welcome to "Make Time To Listen...Take Time To Talk" interactive conversation starters. We've designed this as a "win-win" game where everyone gets a chance to LISTEN and TALK.

The basis of the game is to get to know more about your family, friends, and caregivers by honestly answering the questions on each card and carefully listening to the replies. There are no rules since everyone is a winner. However, you can only be a winner if you honestly answer the questions, take a chance on opening true conversations and REALLY LISTENING to responses. There are 72 cards in the deck. Cards marked with a star \* are fairly easy and those with two stars \* are a little more challenging. There are even some "free" cards that can be used as gifts. Go ahead, get started, and remember that these are only conversation starters and you do not have to finish all the cards to continue talking.

MAKE TIME TO LISTEN...TAKE TIME TO TALK

Sponsored by the Center for Mental Health Services -Substance Abuse and Mental Health Services Administration -U.S. Department of Health and Human Services and WJLA-TV.

CMHS-SVP-0011

**Printed October 2000**